



**Doctor's Dilemma®**  
**October 21, 2023 – Regional ACP**  
**UPMC McKeesport**  
**10:30 AM – 11:30 AM**

**Host: Allie Dakroub, MD MS**  
**dakroubah@upmc.edu**  
**(313) 478-0600 – Cell**

**RULES:**

Each team will have 1 buzzer per team of three residents. The teams will sit facing the screen with their backs to the audience. We will check each buzzer prior to the competition to make certain there are no problems.

There will be a preliminary question to determine who chooses the first category (however, all questions on the boards will eventually be answered, so, the order is somewhat irrelevant).

There will be 3 rounds for the competition. The first round will have 5 categories each with 5 questions with values of 100/200/300/400/500. The 2<sup>nd</sup> round will have 5 categories each with 5 questions with values of 200/400/600/800/1000. The final round will have one category with one question. All of the questions are written by physicians in ACP's Medical Education Division using ACP educational resources and appropriate primary literature. Additionally, most evidence-based questions have citations such that answers will be concrete and well-defined.

**FOR THE FIRST 2 ROUNDS:** Once a team selects a question by category and amount, the moderator reads the statement. If a team wants to buzz in prior to the end of the statement, the moderator will stop reading at the buzzer. No extra information will be given, and the team must answer **immediately (within 3 seconds as counted by the moderator and/or buzzer timer system)**. If the team is unable to respond at all, or the team answers incorrectly, the moderator will announce "incorrect", the buzzers will be reset, and the moderator will start reading from the beginning. The team that buzzed in already will be excluded from buzzing in again and will lose the number of points for that question. After the moderator is done reading the question, it will be displayed on the screen. 10 seconds will then be allotted for any team to buzz in and answer. If no team buzzes in, the answer will be displayed. Points will be awarded for the first team to buzz in and successfully answer the question.

**IT IS IMPERATIVE THAT A TEAM WAIT TO BE ACKNOWLEDGED AFTER BUZZING IN BEFORE THEY GIVE THEIR ANSWER. THE MODERATOR WILL POINT AND ACKNOWLEDGE THE TEAM WHO HAS BUZZED IN.**

If a team answers correctly, they gain control of the game board and pick the next question. If no team answered correctly or if no answer was given at all, the prior team remains in control of the board.

**FOR THE FINAL ROUND:** The moderator will display a category. The teams will have to place a private bet that they will write down on a piece of paper with the name of their team. The value of that bet may be anything from 0 to their maximum number of points. These papers will be collected by the moderator. The moderator will then read the final statement and then display it on the screen. The teams will have 60 seconds to write an answer with their team's name on it. When the time is up, the moderator will collect the responses and reveal the correct response. Teams with the correct response will have their wager added to their total score. Teams answering incorrectly will have their wager deducted from their total score.

The team with the most points at the end of the third round is the winner.

I will run through a few sample questions so everyone gets a feel for how it will go.

Of note, the moderator retains all judiciary rights to determine what qualifies as a correct and incorrect answer. Also, of note, the moderator has no stakes nor conflicts of interests in the creation, facilitation, and judiciary nature(s) of this competition.

**Notable Items:**

**\*All items are inspired by MKSAP and the ACP AND all images used in the game are directly from MKSAP and/or ACP Website.**

\*There will be 10 minutes between round 1 and round 2 where you can discuss with me grievances about questions. I will not unaward any points but will decide whether to award you points.

\*"Routine" means most commonly recommend and pertaining to NON COMPLICATED patients (unless otherwise specified). i.e., routinely recommended, routine vaccinated

\*I will actively subtract points from your score for unsportsmanlike conduct and/or for facilitating a negative environment for any participant.

\*I will specify when I want doses and/or treatment lengths (ie, weekly, or for 6 months)

**Practice Questions:**

The USPSTF recommends routine screening for Osteoporosis for female patients beginning at this age?

75

Per the KDIGO, this is the recommended antihypertensive in patients with CKD and DM who have hypertension and albuminuria.

ACE-I

What is the subtype of eczema that presents on hands and/or feet, is intensely pruritic, and usually requires stronger steroids topicals than more common eczema.

Dyshidrotic Eczema

Per AASLD guidelines, what is the first line medical management pertaining to fluid balance for ascites in patients with cirrhosis?

Spirolactone

What is the name of the best fellow at UPMC

Allie Dakroub