

Aspergillosis and *E. coli* Presenting as a Cavitary Lesion in the Setting of Immunosuppression and Pulmonary Infarct

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Introduction

A cavitary lesion identified on chest x-ray introduces a broad differential of infectious causes, such as cavitating pulmonary metastasis, mycobacteria, fungi, or high-order bacteria (including *Nocardia*), and non-infectious causes, such as sarcoidosis or granulomatosis with polyangiitis. Immunocompromised patients are at greater risk for invasive organisms and complications.

Case Report

65-year-old male with PMH of COPD, OSA, syringomyelia, MI, PAD, and urothelial cancer presented to a local hospital with difficulty breathing and a cough.

Initial Presentation at Referring Hospital

- Three weeks prior to presentation
 - Patient presented to ED and was found to be in atrial fibrillation with rapid ventricular rate with DVT in right lower extremity
 - CT showed no evidence of pulmonary embolism or cavitation
 - He was started on rivaroxaban
- Three weeks later, patient presented to ED with
 - new onset palpitations, found to be in atrial fibrillation with rapid ventricular rate
 - CXR demonstrated a new right cavitary lung lesion
 - CT abdomen/pelvis revealed thrombi in the distal right pulmonary artery and segmental branches as well as a right cavitary lung mass with ground glass opacities (Figure 1).



At Allegheny General Hospital (AGH)

- Patient was afebrile, hypoxic, tachycardic, endorsing difficulty breathing and a productive cough (purple sputum)

- Denied fevers, chills, chest pain, palpitations, leg swelling.
- Physical exam was remarkable for expiratory wheezing throughout, saturating at 94% on 4L NC
- Labs: WBC 12.97, procalcitonin 0.47
- Predisposing factors:
 - History of syringomyelia, spanning from C5-T7, on 4 mg dexamethasone twice daily for four months with recent taper
 - Recently completed 5 rounds of gemcitabine for urothelial cancer
 - Travel to Russia in 2014
- Three serial acid-fast smears from sputum were negative
- Sputum culture grew *E. coli*, *Aspergillus fumigatus*, and *Candida albicans*
- Beta-D-glucan assay >500 pg/mL and galactomannan antigen test was elevated to 0.53
- Bronchoalveolar lavage fluid grew *Aspergillus fumigatus*
- Patient was started on voriconazole 300 mg BID for invasive *Aspergillus* and ampicillin-sulbactam for *E. coli* pneumonia, followed by a completion of a steroid taper.

- Hospital Day 7
 - Patient was noted to be hypoxic and dyspneic
 - CT chest demonstrated right pneumothorax with additional findings concerning for empyema vs. bronchopleural fistula. (Figure 2)
- Hospital Day 8:
 - Chest tube was placed on water seal
 - Fluid analysis showed Pleural/Serum Protein=0.55, Pleural LDH=2500, which was exudative by Light's criteria
 - Pleural Fluid grew gram-positive cocci, gram-negative lactose-fermenting rods 180,000 RBCs present, suggesting hemothorax.
- Hospital Day 14: Patient successfully completed a clamping trial of the chest tube, suggesting against a bronchopleural fistula
- Hospital Day 15: An additional anterior chest tube was placed to promote resolution of the hydropneumothorax
- Hospital Day 17: Both chest tubes removed
- Patient was diuresed as needed and transitioned to warfarin with an enoxaparin bridge.
- Hospital Day 20: Patient was discharged, treated with a total of 6 weeks of voriconazole and amoxicillin-clavulanate with close follow up with Pulmonology and Infectious Disease



Discussion

- An immunocompromised state increases the risk for invasive and opportunistic infections
- Incidence of invasive aspergillosis in immunocompromised patients has grown 4-fold in the last 13 years [1]
- This case demonstrated:
 - chronic steroid use made a patient vulnerable to pathogens developing in the same region of a pulmonary embolism and pulmonary infarct
 - E. coli* remains a rare pleuropulmonary pathogen—retrospective reports have shown *E. coli* represents only 2.7% of isolated pathogens in Empyemas [2]
 - Most common pathogen is *Klebsiella pneumoniae* and common anaerobes include *Prevotella* species, *Fusobacterium nucleatum*, *Peptostreptococcus* species, and *Bacteroides* species
- Importance of Beta-D-Glucan and Galactomannan Antigen Assays
 - Beta-D-Glucan assay detects fungal cell wall component of *Candida* spp, *Aspergillus* spp, *Fusarium* spp, *Pneumocystis jirovecii*, *Coccidioides immitis*, *Histoplasma capsulatum*, and *Blastomyces dermatidis* with a 78% sensitivity and 98.4% specificity [3]
 - Galactomannan Antigen is an ELISA that detects the glycoprotein of *Aspergillus* hyphae
 - Assays results faster than fungal cultures, which helps direct therapy
- Important Challenges
 - Decision to hold empiric therapy until the confirmatory test, galactomannan antigen test, resulted in the setting of a positive Beta-D-glucan test
 - Considerations included:
 - Decreased sensitivity of galactomannan antigen once antifungal therapy has been initiated [4]
 - the adverse and fatal reactions related to Voriconazole and any drug interaction with dexamethasone or Unasyn [5]
- Clinical Considerations: Possible thrombogenic effect of aspergillus
 - Inflammation and hypersensitivity to invasive aspergillosis may act as catalyst for increased clot formation [6]

References

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