

COVID-19 infection responsive to convalescent plasma: A case report of a patient on rituximab who improved with immunoglobulin

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LEARNING OBJECTIVES

1. Highlight delayed antiviral humoral response of COVID-19 infection in patients with anti-CD20 immunosuppression.
2. Recognize importance of further research to better understand the passive immunization (such as with convalescent plasma) of patients with severe COVID-19 disease and underlying (acquired or congenital) humoral immunodeficiency.

CASE BACKGROUND

58-year-old woman with RA on rituximab presented with 4 weeks of fever and progressively worsening dyspnea and cough in the midst of the COVID-19 pandemic.

- Initial SARS-CoV2 testing by nasopharyngeal NAA was negative
- Originally treated with azithromycin given chest radiograph findings concerning for atypical pneumonia (*Figure 1*)
- Symptomatically progressed over the following 10 days and re-presented with repeat SARS-CoV2 testing via nasopharyngeal NAA negative
- Admitted given re-presentation with elevated inflammatory markers including C-reactive protein, D-dimer and ferritin, in addition to lymphopenia and new CT of the chest with IV contrast that demonstrated worsening of previously appreciated multifocal infiltrates (*Figure 2*)

IMAGING

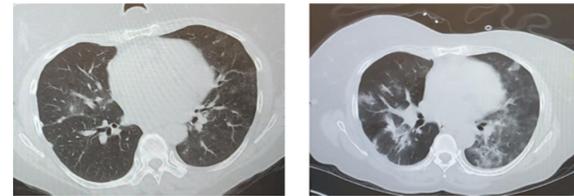


Figure 1

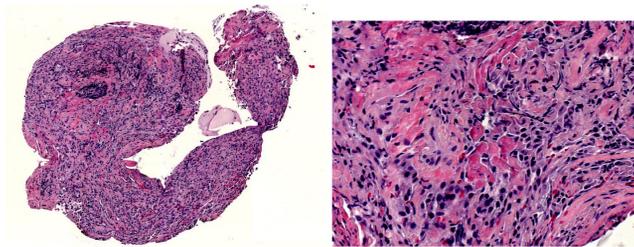
Figure 2

HOSPITAL COURSE

(in chronological sequence of events)

- Rapidly increasing oxygen requirements (6L nasal cannula)
- **Bronchoscopy** (hospital day 4):
 - transbronchial biopsy of RLL: *mononuclear inflammatory cell infiltrates and organizing microthrombi (Slide 1 & 2)*
 - bronchoalveolar lavage: *macrophage predominance, negative GMS stain, AFB, fungal and bacterial cultures and stains but **positive SARS-CoV2 NAA***
- Serum anti-SARS-CoV2 nucleocapsid IgG immunoassay (Abbott) was NOT detected
- Received convalescent plasma
- 2 days after plasma transfusion her fever defervesced, and she was discharged 6 days post transfusion on 2 liters of nasal oxygen as needed.

PATHOLOGY SLIDES

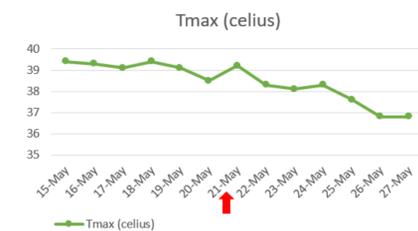


Slide 1

Slide 2

DISCUSSION

- Important to consider delayed antiviral humoral response to COVID-19 infection in patients on humoral immunosuppression such as Rituximab when witnessing a delayed clinical respiratory decompensation.
- Opens a realm of possibilities for further research to evaluate passive immunization (such as with convalescent plasma) of patients with severe disease and underlying (acquired or congenital) humoral immunodeficiency.



Fever curve throughout the admission with arrow representing plasma administration

CONCLUSION

- Until more research is conducted on underlying mechanism, those with humoral immunosuppression should be monitored more closely for delayed presentation.
- More research is needed to assess if those with humoral immunosuppression have a more severe COVID-19 disease course.
- There is not enough evidence at this time to recommend halting humoral immunosuppressive therapy with COVID-19 infection given risk of progression of underlying disease.
- Recommend more research in the use of convalescent plasma in humoral immunodeficient individuals.

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